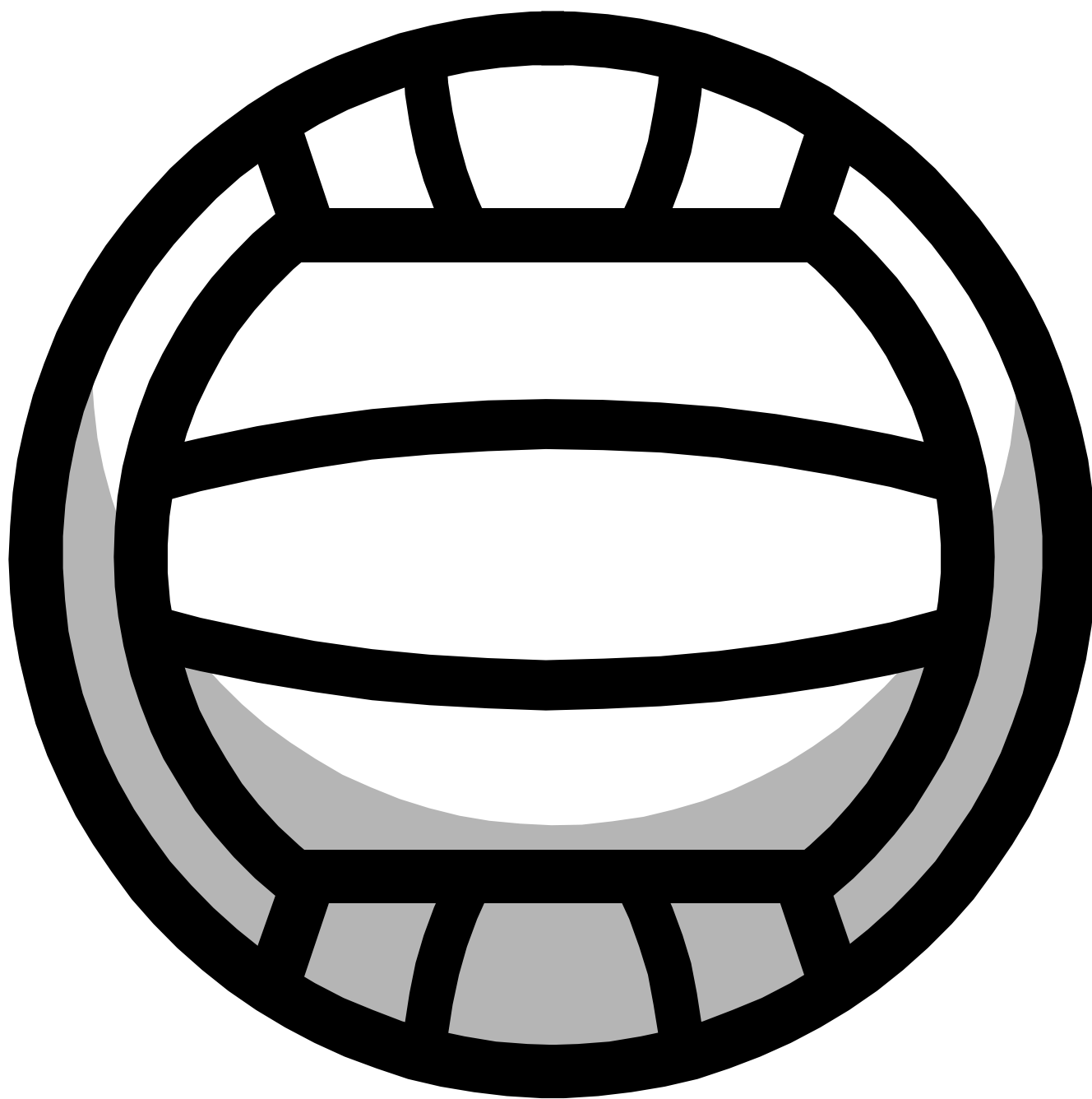


DOUGLAS COUNTY PARKS & RECREATION

YOUTH VOLLEYBALL LEAGUE RULES

2010



Douglas County Parks and Recreation Department

Youth Volleyball League Rules *2010 Season*

League Structure:

1. Legal teams will consist of 6 players, either male or female.
2. Teams can start or finish the game with 4 players. (2 Front Row, 2 Back Row)
3. The season will consist of 8 regular season games. A single elimination tournament will be for 7th – 11th Grade only. Tournament seeding will be determined by league play.
4. Every player will receive a trophy at the end of the season.

Equipment:

1. Each player will be given a team shirt.
2. Volleyballs will be provided for official games only. Teams will be responsible for supplying their own practice balls.

Practices:

1. Practices will be held at Carson Valley Middle School Mondays through Fridays. Teams are welcome to contact other schools and arrange practice times on their own, however Douglas County Parks and Recreation accepts no responsibility for facility damage if team arrange their own practice times.
2. Every team will be entitled to a 1-hour practice each week.

Games:

1. Games will be played at Carson valley Middle School on Saturdays from April 10 until approximately May 22. Multiple courts may be utilized for games.
2. Games will start promptly at game time. Please have your team ready to play at game time. Do not allow players to go onto the court at any time during another game, including during time-outs.
3. The Douglas County Parks & Recreation Department is the only authority that can cancel, postpone or reschedule games. The Recreation Division may reschedule any canceled or postponed games.

Officials:

1. Douglas County will provide one authorized official for each game.
2. Each team is required to provide 1 adult line judge.
3. All authorized officials are thoroughly versed in the rules and do not have to be reminded of them during the game. Judgment calls will not be questioned at any time before, during, or after a game. If you question the interpretation of a rule, then it must be done in a polite manner. Questionable calls are part of the nature of the sport and happen at every level. Use these opportunities to teach respect and sportsmanship to your players.

Gym Monitor:

1. A Gym Monitor will be on site during all games.
2. The gym monitor will have a basic first aid kit on hand.
3. The gym monitor is authorized to request participants, coaches or parents to leave the gym in the event of inappropriate behavior or violation of school rules.

Gym Use:

1. *No Food or drink will be allowed in the gym at any time. (With the exception of secured water bottles).*
2. *No hanging on rims, nets or other equipment or abuse of facility will be allowed at any time.*
3. *No unsupervised children or play of any kind will be allowed.*

Rules:

The Douglas County Parks & Recreation Department's Youth Volleyball League will be governed by the National Federation of State High School Association rules:

1. All players are required to play one full game to 25 points.
2. Game 1, all players listed must play the entire game.
3. Game 2, all players who did not play in the first game must play the entire second game.
 - a. The players who did not play the first game will be circled on the score sheet presented to the referee. Players who played the entire first game may sub in and out.
4. Game 3, all players must play at least 5 points.
5. Serve and side will be determined by a coin toss at the beginning of the match.
6. Teams will change sides after game 1.
7. Serve and side will be determined for the third game in a match by a coin toss.
8. A match will consist of a two (2) out of three (3) games using rally scoring (each time the ball is served one team scores a point. Games one and two will be played to (25) points, must win by (2). If a third game is played the score will be played to (15), a team must win by two with no point cap.
9. If one team wins two (2) successive games, a third game need not be played. If both teams wish to play a third, for practice, it can be done as long as it does not overlap into the warm-up time of the next scheduled match. This game will not be officiated by a D.C.P.R.D. Volleyball Official.
10. Each team will be allowed 2 time-outs per game. Time outs shall last 45 seconds maximum or less if both teams are ready to play. Unused time-outs cannot be carried over to another game.
11. There will be a 3-minute break between games.
12. The ball may be volleyed only three (3) times on a side. A player may not have two (2) successive hits. EXCEPTION (1): a player blocking the ball, which falls into his/her court, may play the ball without penalty. (2) When two players simultaneously hit the ball (counts as one hit) either player is

eligible to hit the ball again. The block does not count as one (1) of the three (3) hits. Note: Multiple Contacts by the same person on 1st ball over the net is legal.

13. New net rules allow players contact with the net, not tape or antennae, if it does not interfere with the other teams ability to play the ball. Players under the net are legal unless both feet are over the center line or they interfere with the other teams ability to play the ball.
14. Players must be in their rotation positions on the serve. After the ball is contacted for the serve, players may move from their respective positions.
15. Let serves are legal and can be played.
16. Attacking or blocking a serve is prohibited.
17. It is a loss of rally when a player serves out of turn.
18. When players of opposing teams simultaneously make contact with the ball at the net, the contact is not considered one (1) of the three (3) volleys for either team.
19. When players on opposing sides commit errors, only the first error shall be counted.
20. A back row player may only leave their feet for a spike if the player takes off behind the attack line.
21. Local service rules. When serving from the closed end of the gym (bleachers), one step onto the court is allowed. One serve toss error is permitted per serve.

Code Of Conduct:

1. All players, managers, coaches and spectators shall abide by the Douglas County Parks & Recreation Department's "Players Code Of Conduct". It will be the coach's responsibility to see that all players and spectators on their team are aware of and abide by the "Code Of Conduct".
2. A yellow card will constitute a warning. A red card will constitute an automatic 1-point penalty and loss of rally. A player or coach who receives 2 red cards during a game will be ejected from that contest, with a possible 1 game suspension.
3. If a player or coach receives 2 red cards in a season, the player may be suspended for a minimum of one game. Any coach that receives two red cards or is thrown out of a game must meet before the conduct committee before they can return to the league.
4. Absolutely no fighting, inappropriate language or unsportsmanlike conduct will be permitted at any time. Any player or coach who abuses the above **WILL** be ejected immediately from the game.

Transportation:

1. The Recreation Division covers all coaches during practices and games with SIIS insurance.
2. Douglas County will not assume liability risk and does not provide coverage for anyone when coaches, volunteers or parents transport participants to and from sponsored events.
3. All volunteer coaches must be finger printed by Douglas County to participate in this program.